

10 STEP POLKA

Position: Couples, Lady on man's right side in open position and facing line of dance.

Music: Tulsa Time' by Don Williams @ 106 BPM • On The Road Again by Willie Nelson @ 112 • Graceland by Willie Nelson @ 118 BPM • I Want To Be A Cowboy's Sweetheart by J. Boggus @ 132 BPM • Down In The Valley by Little Texas @ 136 BPM • Hummingbird by Ricky Skaggs @ 138 BPM • Crazy Heart by The Cactus Bros. @ 138 BPM • How Do by Mary-Chapin Carpenter @ 140 BPM

HEEL • TOGETHER • BEHIND • SIDE (TOUCHES)

1. Touch left heel forward at an angle
2. Left step next to right
3. Touch right toe behind left
4. Touch right toe next to left

RIGHT HEEL HOOK

5. Touch right heel forward
6. Hook right heel across left leg
7. Touch right heel forward
8. Right step next to left

LEFT HEEL HOOK / SHUFFLES

9. Touch left heel forward
 10. Hook left heel across right leg
- Do 3 shuffles forward, beginning with left foot (L,R,L - R,L,R - L,R,L)

HEEL • TOGETHER • BEHIND • SIDE (TOUCHES)

1. Touch right heel forward at an angle
2. Right step next to left
3. Touch left toe behind right
4. Touch left toe next to right

LEFT HILL HOOK

5. Touch left heel forward
6. Hook left heel across
7. Touch left heel forward
8. Left step next to right

RIGHT HEEL HOOK / SHUFFLES

9. Touch right heel forward
 10. Hook right heel across left leg
- Do 3 shuffles forward, beginning with right foot (R-L-R / L-R-L / R-L-R)

START OVER WITH LEFT FOOT